SAILING

INSTRUCTIONS

CORK Fall Regatta: Optimist, C420, i420

September 20-22, 2019

Kingston, Ontario, Canada

FALL CORK
Ontario Championships
Friday September 20 – Sunday September 22, 2019
Supplement to
RRS Appendix S: Standard Sailing Instructions (SSI)
Optimist, C420, i420

[DP] denotes a rule for which a penalty is at the discretion of the protest committee.

[NP] denotes that a breach of this rule will not be grounds for a protest by a boat.

1   RULES – *adds to SSI*:

1.2   Penalties for infraction of RRS part 4 – except those exempted by RRS 86.1 – may be less than disqualification.

1.3   RRS Appendix T will apply.

2   NOTICES TO COMPETITORS – *adds to SSI*:

2.3   The official notice board is located in the Sail Measurement Hall, to the East of the lobby.

3   CHANGES TO THE SAILING INSTRUCTIONS – *changes SSI 3.1:*

3.1   Any change to the sailing instructions will be posted before 0930 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4   SIGNALS MADE ASHORE – *changes SSI 4.2, adds 4.3 - 4.5:*

4.2   When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the RRS race signal AP.

4.3   The flagpole is located at the NE corner of the main building.

4.4   *[DP]* Boats shall NOT launch until flag D is displayed with one sound. The warning signal will be made not less than 45 minutes after flag D is displayed.

4.5   When a signal is displayed over a fleet or course flag, it applies to that fleet or course only.

5   SCHEDULE – *adds to SSI*:

5.2   Detailed schedule

	Saturday Sept. 21	Sunday Sept. 22
Scheduled Races	3	3
First Warning Signal	1130	
Latest Time for Warning Signal	1730	1600

5.3   One extra race may be sailed per day, provided that no class or fleet becomes more than one race ahead of schedule.

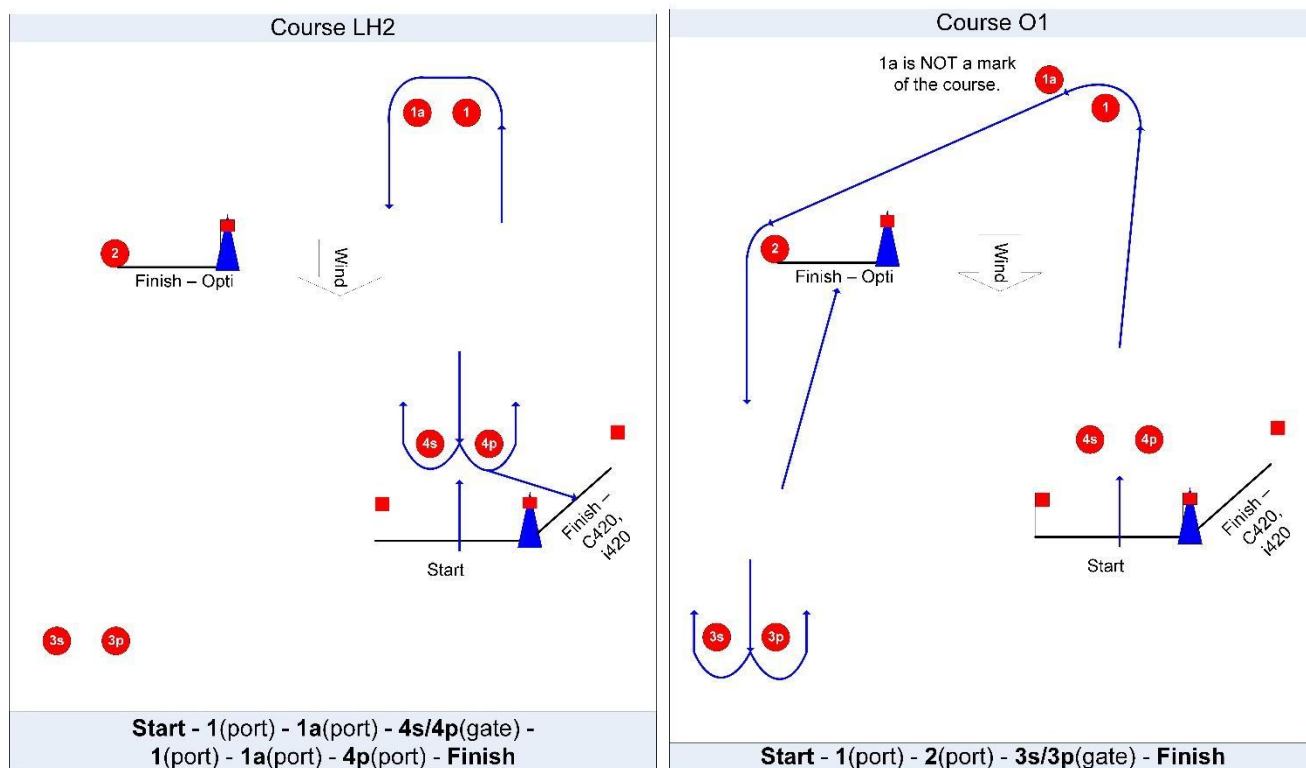**6.1   CLASS FLAGS** – *changes SSI 6.1*

- **i420**   "420"class insignia on contrasting background.
- **C420**   "C420" on contrasting background.
- **Optimist**   class insignia on contrasting background.

7   THE COURSES – *changes SSI 7.1 and adds 7.3 – 7.7, diagrams*:

7.1a   i420/C420s will always sail course LH2 – it will not be posted.

7.1b   Optimists will always sail course O1 – it will not be posted.

7.3 The race area is located approximately 1.0 miles SW of the mouth of the harbour. A chart of is posted on the official notice board, displaying the approximate location of each course.

7.4 If mark 1a is not present in Course LH2 it will be omitted from the rounding order.

7.5 Mark 1a will NOT be replaced if there is a change of course.

7.6 If either of mark 2s/2p, or of 3s/3p are missing, the remaining mark will be rounded to port.

7.7 The VHF radio channel for the race area is **10**.

Course LH2

Start - **1**(port) - **1a**(port) - **4s/4p**(gate) - **1**(port) - **1a**(port) - **4p**(port) - **Finish**

Course O1

1a is NOT a mark of the course.

Start - **1**(port) - **2**(port) - **3s/3p**(gate) - **Finish**

8 **MARKS** – *adds to SSI 8.1:*

Start Mark	1, 1A, 2, 3P-3S, 4P- 4S Marks	Finish Mark (i420/C420)	Finish Mark (Optimist)	NEW Marks (as in 10.1)
Orange Flag	**Green** Inflatables	**Orange** Flag	**Green** Inflatable	**Red** Inflatable

9 **THE START** – *changes SSI 9.2, adds 9.3 – 9.6:*

9.2 The starting line will between a staff displaying an orange flag on the signal boat, and either the course side of the starting mark, or a staff displaying an orange flag on a pin-end race committee boat.

9.3 Initial Starting Sequence (first race of each day):

Sequence	**1**	**2**	**3**
Fleet	**Opti**	**C420**	**i420**

9.4 Starting sequence after the first race of each day may vary.

9.5 Starts may be combined at the discretion of the race committee.

9.6 After a significant delay, to alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal for at least one minute before a warning signal is displayed.

12 TIME LIMITS - *adds 12.4 – 12.6:*

12.4 Boats failing to start within the Starting window will be scored DNS. This changes RRS A4 and A5.

12.5 Limits:

Class	Starting Window	Mark 1	Race Time Limit	Finishing Window
Optimists	**4 minutes**	**25 minutes**	**75 minutes**	**20 minutes**
C420, i420		**30 minutes**	**90 minutes**	

12.6 Finishing on Course: The race committee may, at its discretion, award points to a boat, equivalent to the boat's position in a race, prior to the expiration of the Finishing Window. The race committee determines the method and order. This changes RRS 35, A4 and A5.

13 PROTEST AND REQUESTS FOR REDRESS – *changes SSI 13.1, 13.2*

13.1 Protest, Request for Redress and Scoring Query forms are available at the protest committee desk in the main lobby.

13.2 For each course, the protest time limit is 60 minutes after the last boat racing on the course finishes the last race of the day or the race committee signals no more racing today, whichever is later.

14 *[DP][NP]* SAFETY REGULATIONS – *added section:*

14.1 Competitors are reminded of the Risk Statement in the Notice of Race, and that participation indicates acknowledgement and agreement. A copy is posted on the official notice board.

14.2 All competitors shall Check-out at the desk in the main lobby prior to leaving the harbor.

14.3 No competitor shall launch until Flag D is displayed (see 4.4).

14.4 On water prior to the warning signal of the first race of each day competitors shall sail past the stern of the Signal Boat on Starboard tack and hail their sail number until acknowledged by the Race Committee

14.5 All boats shall return directly to the harbour and shall Check-in after completing their last race of the day.

14.6 Failure to comply with SI 14.1 before leaving the harbour, or with SI 14.5 by the end of protest time shall result in a competitor having points equal to 10% of the fleet* rounded to the nearest whole number added to their score without a hearing for the first violation, and 20% for the second violation. Additional alleged violations are subject to protest and, following a hearing, a penalty may include disqualification. This changes RRS 63.1, A3 and A5. Any boat so penalized may request redress under RRS 62.1 if the competitor believes the race committee made an error.
* In the case where a class is split this refers to the fleet to which the competitor is assigned that day; during a qualifying series the penalty will be that of the largest fleet

14.7 A boat that retires from a race shall notify the race committee as soon as possible.

14.8 **Competitors shall wear an approved personal flotation device** securely fastened **at all times when afloat** except briefly while changing or adjusting clothing or personal equipment. This changes RRS 40.

15 OFFICIAL BOATS– *added section:*
Official boats will be marked as follows: safety/patrol boats will display a yellow flag with a centered vertical red stripe, jury boats will display a code flag J, and media boats will display a flag with the letter "M" on contrasting background.

16 *[DP][NP]* SUPPORT PERSONNEL AND COACHES MEETINGS – *added section:*

16.1 All support personnel, as defined in the RRS (as amended January 1ˢᵗ, 2018), shall comply with CORK's Support Team Regulations (posted on the Official Notice Board and available online).

16.2 There will be a coaches meeting every morning, two hours prior to the scheduled time of the first warning signal (unless otherwise posted no later than 2000h the day before) The objectives of these meetings are to coordinate the safety response, receive feedback from the coaches and support personnel on the regatta organization, exchange viewpoints and inform the coaches about changes in the sailing instructions and regatta organization in general.

17 *[DP][NP]* **HARBOUR AND SITE REGULATIONS** – *added section:*

17.1 All boats shall be launched and hauled out as directed by the organizing authority. At the sole discretion of the organizing authority, dollies and trailers with protrusions may be prohibited from the launch area.

17.2 No boat, except those in assigned mooring areas, shall be left unattended in the water.

17.3 Boats shall be kept in their assigned areas in the boat park.

17.4 Automobiles and other vehicles must be parked only in accordance with Portsmouth Olympic Harbour, the City of Kingston and the organizing authority's posted signage.

17.5 Failure to follow these regulations by any competitor or the support personnel for that competitor may result in the rescinding of the entry for that competitor, or protest and subsequent disqualification from one or more races, or such other penalty as may be assessed by the protest committee.

18 *[DP]* **REPLACEMENT OF CREW OR EQUIPMENT** – *added section:*

18.1 In the event of damage and/or crew change, boats, equipment, or crew may only be substituted with the written permission of the race committee, except as in 18.2. Equipment/Crew Substitution Forms will be available at the protest committee desk.

18.2 If the damage or need for crew substitution occurs less than 2 hours before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the race committee and the written permission of the race committee shall be requested before the end of the protest time limit at the end of the day in which the substitution takes place.

19 *[DP]* **EQUIPMENT AND MEASUREMENT** – *added section:*

19.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by the race committee to proceed immediately to a designated area for inspection.

19.2 A boat will register only one sail number and will have that number on the main sail. A boat which races with no number or a number other than the one registered with the organizing authority may be protested and subsequent disqualification from one or more races or such other penalty as may be assessed by the protest committee.

19.3 For recording purposes, the organizing authority reserves the right to require numbers or letters on a sail to be adjusted, repaired, outlined in black or replaced.

20 *[DP][NP]* **IDENTIFICATION AND ADVERTISING** – *added section:*

20.1 Boats may be required to display advertising supplied by the organizing authority.